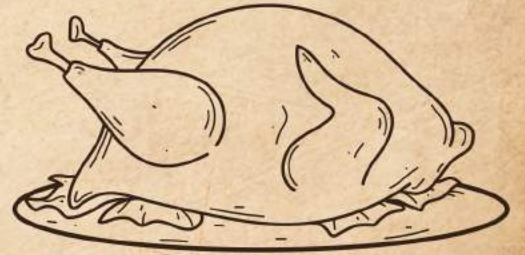


Wild Game Cooking Class

Provided by: *Becoming an Outdoors-Woman* // Friday 3-6pm

Riverside is partnering with *Becoming an Outdoors-Woman* (BOW) again this year and offering an optional Friday night workshop in addition to the Saturday programming.



This will be a three-hour workshop where women will learn new ways to prepare the wild game filling their freezers. Wild Turkey and Venison will be the primary focus, but information will be provided for less common game as well. Get your aprons ready for this culinary adventure and enjoy a delicious wild game dinner at the conclusion of the session.



Session #1: 9:20-10:30

The Art of Making Lefse

Instructor: Sheila Luck // Lower Level Hebron Retreat Center

“Easy on the flour, fast on the pace, or the dough will stick all over the place.” (From *Cream and Bread*, by Janet Martin and Allen Todnem, 1988, Redbird Productions, Box 363, Hastings, MN 55033.) The best way to learn how is to watch and try. Join Sheila Luck for a hands-on lesson.



Homesteading on a Budget

Instructor: Mike and Riley Bicanic // Chapel

In a world with rising prices, let's explore how to save money while providing the best quality food and lifestyle for your family! We will share ideas on how to be frugal and resourceful when it comes to gardening, raising animals, and living off the land.



Basics of Beekeeping: How to Get Started

Instructor: Randy Hoffman // Auto Shop

Have you ever considered being a beekeeper? In this workshop we will let you know how to get started. You will learn about honeybees and how to care for them, what basic equipment you would need, and of course, how we get delicious golden honey from these amazing creatures! Whether you are seriously interested in beekeeping or just would like to know more, you will find the class fascinating. Honey will be available to sample and purchase.



Watercolor Basics

Instructor: Tessa Olson // Prayer Chapel

In this class we will go over the basics of watercolor, the best types of paints and brushes, and simple techniques to try out! You will go home prepared to do your own watercolor art! I truly believe that anyone is able to be artistic, it just takes time, patience, and dedication! Come learn how to paint with me!

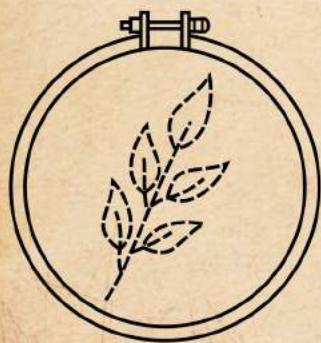


Session #2: 10:40-11:50

Embroidery

Instructor: Abby Patten // Prayer Chapel

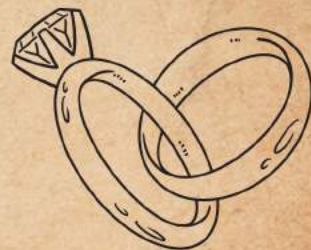
Want to learn a new craft? Come learn how to do your own embroidery artwork and bring a project home with you. You will learn a variety of stitches that will prepare you to embroider to your heart's content. All materials will be provided.



Stoking the Fire

Instructor: Toni & Jason Butz // Chapel

Whether married or single, it is important to prepare as a woman. In every marriage, there are those things that start fires and those things that douse fires. In this session we will explore how to stoke the fire in a God-centered marriage.



Sourdough 101

Instructor: *Lindsay Pray // Lower Level Hebron Retreat Center*



Come learn everything you need to know to get started baking your own sourdough. We will cover health benefits of sourdough, tools needed to bake your first loaf & what to do with discard. We will also get your very own starter going & sample some bread!



*Please bring a 1qt wide mouth glass jar with lid for your starter



Meat Rabbits 101

Instructor *Kjiersten Kazda // Auto Shop*

Want to raise your own meat? Come learn about different dispatch methods, how to pick good stock, how to breed, and how to care for your own meat rabbits.

Woodworking Basics

Instructor: *David Kaufman // Upper Garage*

Have you always wanted to do your own wood projects? Come and learn from an experienced woodworker and complete a project that you can take home with you!



Session #3: 2:00-3:10

Green Thumbs 101: Propagating Plants with Cuttings

Instructor: Katie Podgorski // Prayer Chapel

This class will teach participants the basics of plant propagation using the cutting method, empowering them to create new plants from existing ones



Homesteading on a Budget

Instructor: Mike and Riley Bicanic // Chapel

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Session #4: 3:20-4:30

Sourdough 101

Instructor: Lindsay Pray // Lower Level Hebron Retreat Center

Come learn everything you need to know to get started baking your own sourdough. We will cover health benefits of sourdough, tools needed to bake your first loaf & what to do with discard. We will also get your very own starter going & sample some bread!

*Please bring a 1qt wide mouth glass jar with lid for your starter



Situational Awareness and Navigating Crisis

Instructor: Sunny Schneider // Chapel

Hear from Officer Schneider and learn some basic skills on how to be aware of your surroundings and what to do during a critical incident. We will also cover how to verbally deescalate someone and explore some signs of a person experiencing a mental health crisis. Resources and options will be provided.



Woodworking Basics

Instructor: David Kaufman // Upper Garage

Have you always wanted to do your own wood projects? Come and learn from an experienced woodworker and complete a project that you can take home with you!



Photography 101

Instructor: Tessa Olsem // Prayer Chapel



In this class we will go over the basics of photography. Don't worry, you don't need to have a big fancy camera to learn something here! We will focus on how to get the best shot, what makes up a good composition, and how to use the tools you have to take a great photo! Please bring either a smartphone or a digital camera to this class! We will have a learning portion along with time to practice and put your skills to use.

